



NEW JERSEY ATHLETIC CONFERENCE
MEN'S CROSS COUNTRY RUNNERS OF THE WEEK

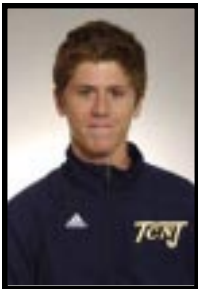
WEEK ENDING 10/18/09



RUNNER OF THE WEEK

TJ BOCCHINO • The College of New Jersey
Junior • Toms River, NJ/Toms River East

Bocchino earns NJAC Runner of the Week honors for the second time this season after traveling to Oberlin, OH to compete at the Inter-Regional Rumble hosted by Oberlin College. He placed 12th in a field of 245 total competitors in the 8K race with a time of 25:23. The performance by Bocchino helped propel the Profs to a 10th place team finish in the 28-team meet.



ROOKIE OF THE WEEK

MAX SPARSHATT • The College of New Jersey
Freshman • Rumson, NJ/Rumson Fair Hills

Sparshatt becomes the second different Lion to claim NJAC Rookie of the Week honors after traveling to Oberlin, OH to compete at the Inter-Regional Rumble hosted by Oberlin College. He placed 71st in a field of 245 total competitors on the 8K course with a time of 26:31. Sparshatt's performance helped the Lions secure a 10th place finish in the 28-team race.